



Exploring Wire and Cable Used in Healthcare

Prepared by: Wissam Geahchan, Applications Engineer
September 26, 2024

HOUSEKEEPING

- Questions can be asked at any time using the chat function on the webinar screen
- Any unanswered questions will be followed up through email
- This presentation, a recording of the webinar and a brief survey will be emailed to all registrants

ABOUT MYSELF



Wissam Geahchan
Applications Engineer

- Experience applying the CE Code in a variety of applications
- Active member on several industry standards committees at CSA, UL, and ICEA.
- Licensed soccer coach

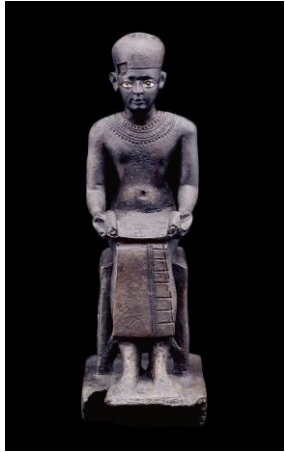
Agenda

- 1 | Brief History
- 2 | Introduction
- 3 | Relevant Standards
- 4 | Different areas in healthcare facilities
- 5 | Wiring Requirements
- 6 | Wiring Products
- 7 | How Nexans can help



1. BRIEF HISTORY

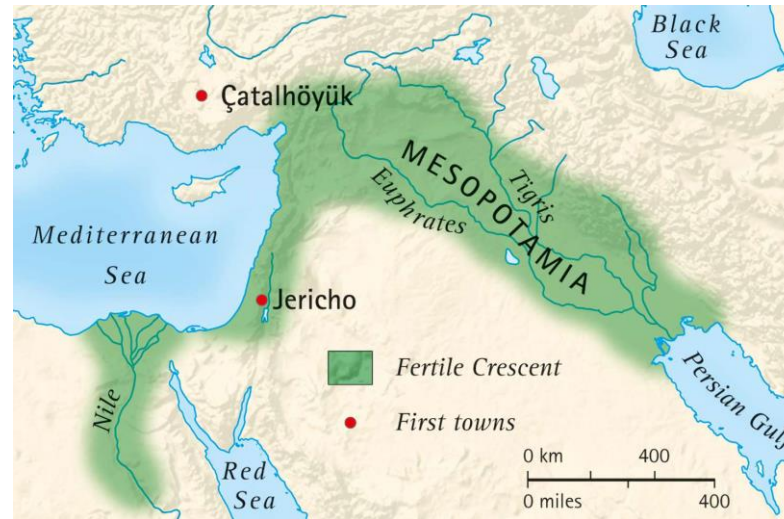
The original facilities for the sick were temples dedicated to “healing gods”. Prayers, sacrifices, and dream interpretations played a big role in healing processes. Ancient physicians also stitched wounds, set broken bones, and used opium for pain.



Imhotep

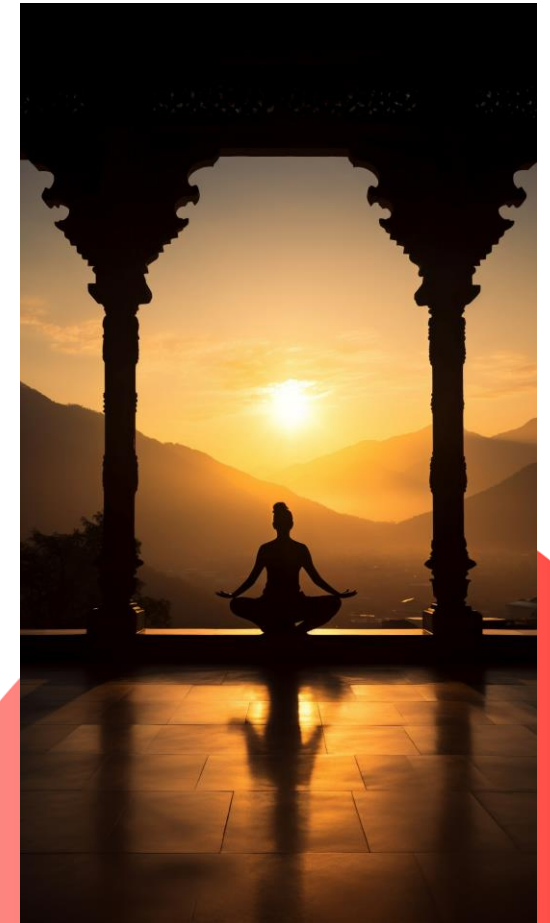


Asclepius



Some researchers believe the earliest dedicated hospitals were in Mesopotamia, while others believe that they were at Buddhist monasteries in India and Sri Lanka.

The Romans provided us with the root of the word “hospital” from the Latin word “hospes” for host and “hospitum”, meaning a place to entertain.



1. BRIEF HISTORY



The ward concept



The pavilion plan

The first North American hospital Hotel-Dieu (House of God) was built in Quebec in 1639 with one 10-bed ward.



2. INTRODUCTION

Healthcare environments and design concepts continue to grow in complexity.

Today's ideal hospital design addresses many functions for a variety of users, including patients, families and staff, addressing:



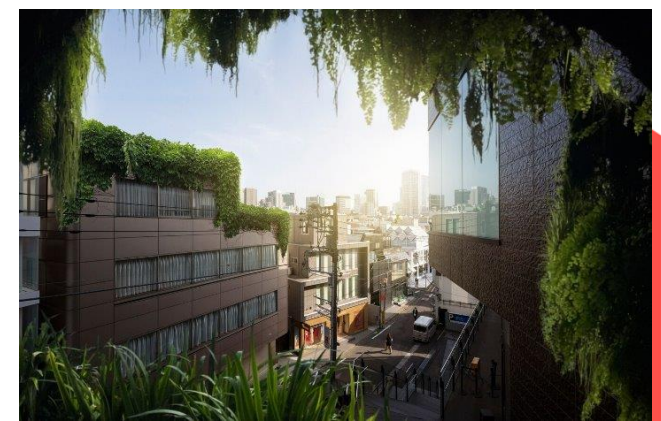
Architecture
and Campus Design



Wayfinding



Clinical
Environments



Safe and Healthy
Building

2. INTRODUCTION

Many new hospitals aim to be LEED-certified and at Nexans, we are doing our part to help.



Certified

40-49 points earned



Gold

60-79 points earned



Silver

50-59 points earned



Platinum

80+ points earned



CAGBC | Canada Green Building Council

LEED – Leadership in Energy and Environmental Design



Location and Transportation



Sustainable sites



Water efficiency



Energy and atmosphere

Nexans' EPDs can help with credits for category*



Materials and Resources



Indoor Environmental Quality



Project Priorities and Innovation



Integrative Process, Planning and Assessment

Nexans

*Click [here](#) to watch our Sustainability webinar from Nov 2023 for more information.

3. RELEVANT STANDARDS THAT GOVERN THE DESIGN OF HEALTHCARE FACILITIES

Canadian Electrical Code, Part 1 (CE Code)
National Building Code of Canada (NBC)
CSA Z32 – Electrical Safety and Essential Electrical
Systems in Healthcare Facilities

NFPA 70 National Electrical Code
NFPA 101 Life Safety Code
NFPA 99 Health Care Facilities Code
NFPA 72 National Fire Alarm and Signaling Code

CE Code, Part 1 – HCF Classes

CLASS A

Patients are accommodated based on medical need and are provided continuing medical care and other diagnostic/therapeutic services generally involving an overnight stay.

Ex: acute care hospitals and trauma centers.

CLASS B

Patients cannot function independently and require daily care by a healthcare professional.

Ex: Long-term care and mental health facilities.

CLASS C

Patients are provided with supportive, diagnostic, and treatment services on occasional basis.

Ex: Chemotherapy centers and public health clinics.

4. ROOMS/AREAS IN A HOSPITAL

Patient Care Rooms



Some electrical design considerations

- Lighting and lighting controls
- Receptacles
- Nurse call
- Fire alarm devices
- Cameras/ Patient Monitoring /Security
- Essential electrical system

NEXANS CABLE OFFERING



4. ROOMS/AREAS IN A HOSPITAL

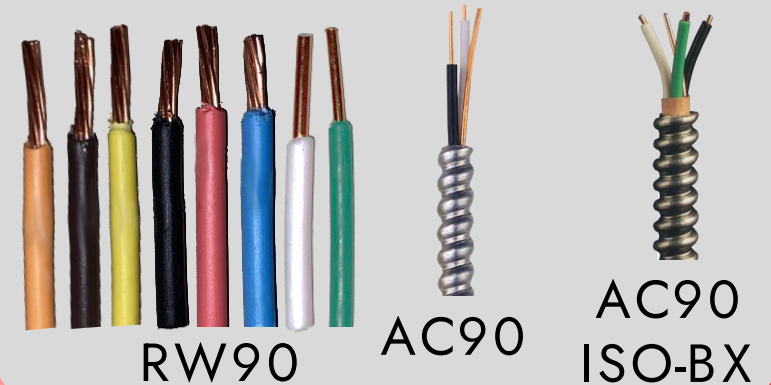
Operating Rooms



Some electrical design considerations

- Specialized lighting
- Receptacles
- Isolated power system
- Fire alarm devices
- Essential electrical system

NEXANS CABLE OFFERING



4. ROOMS/AREAS IN A HOSPITAL

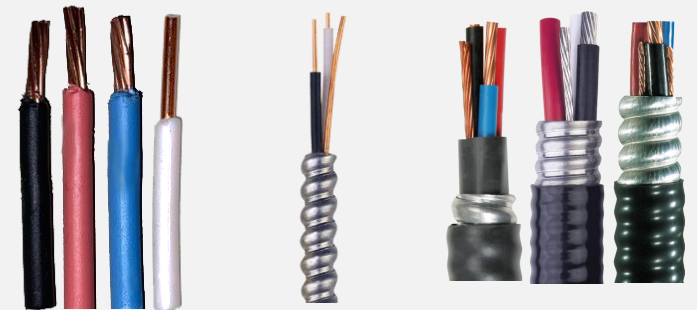
Corridors and Nurses' Stations



Some electrical design considerations

- Adequate lighting
- Receptacles
- Data/voice drops
- Security and door hardware
- Nurse call dome lights
- Fire alarm devices
- Paging Speakers

NEXANS CABLE OFFERING



RW90 AC90

ARMoured
POWER CABLES

5. WIRING REQUIREMENTS

Special considerations – Patient Care Areas

An area intended primarily for the provision of diagnosis, therapy, or care of patients

BASIC CARE AREA

An area where body contact between a patient and medical electrical equipment is neither frequent nor usual.

Ex: Patient exam room, patient room in long term care facility.

INTERMEDIATE CARE AREA

An area in which body contact between a patient and medical electrical equipment is frequent or normal.

Ex: Areas for non-invasive electrodiagnosis, patient prep areas, dental clinic.

CRITICAL CARE AREA

An area in which cardiac contact between a patient and medical electrical equipment is frequent or normal.

Ex: cardiac care unit, emergency trauma unit, ICU, operating room, burn unit.

GROUNDING SYSTEM *

GROUNDING SYSTEM
OR
ISOLATED POWER SYSTEM *

NOTE

Circuit conductors shall be copper and > 12 AWG
Additional **GREEN** bonding conductor required

Nexans

5. WIRING REQUIREMENTS

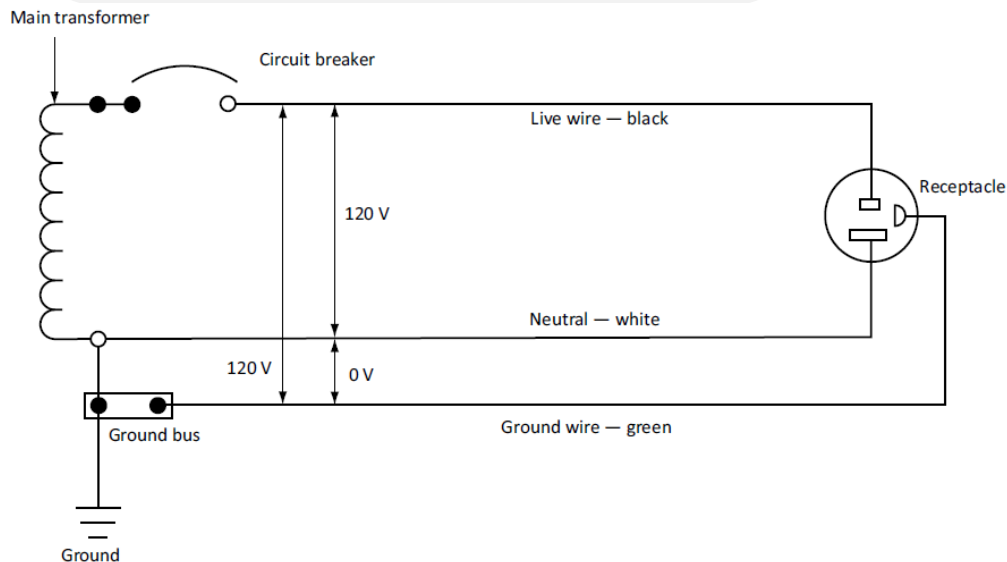
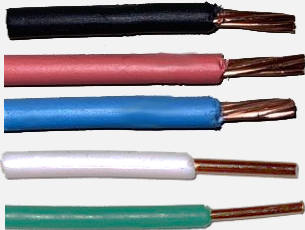
Special considerations – Grounded vs Isolated Power Systems

GROUNDING SYSTEM

Single-phase



Three-phase

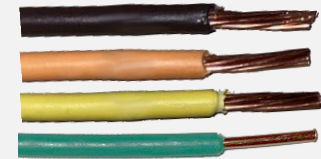


ISOLATED POWER SYSTEM

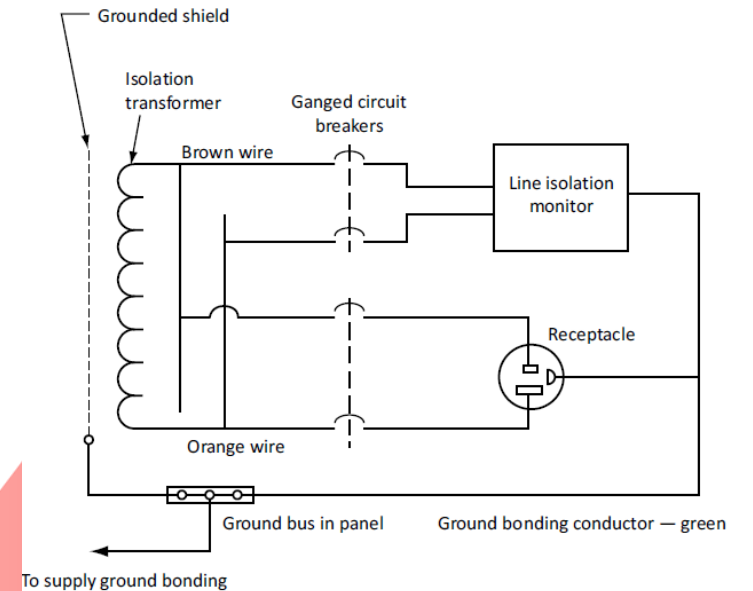
Single-phase



Three-phase



LINE ISOLATION MONITOR



5. WIRING REQUIREMENTS

Special considerations – Testing for Building Electrical Systems

Test	Grounded Systems	Isolated Systems	Post-Installation Test	Maintenance Test
Conductor insulation integrity test	✓	✗	✓	✗
Voltage drop test	✓	✗	✓	✗
Branch circuit breakers: mechanical operation	✓	✓	✓	Annually
Receptacle: Retentive force	✓	✓	✓	When receptacles are replaced Basic care: min. every 2 years Interm/critical care: min. annually
Receptacles: Polarity	✓	✓	✓	When receptacles are replaced
Voltage different between ground points	✓	✓	✓	Every 5 years
Ground return path voltage rise for grounded systems	✓	✗	✓	When receptacles are replaced
Impedance to ground: single-phase isolated system	✗	✓	✓	Annually (for systems without LIM and for multiple systems with LIM)
Impedance to ground: Three-phase isolated system	✗	✓	✓	Annually (for systems without LIM)
Impedance to ground: Maximum hazard index test	✗	✓	✓	Annually

5. WIRING REQUIREMENTS

Special considerations – Essential Electrical Systems

An essential electrical system has the capability of restoring and sustaining a supply of power to specified loads in the event of a loss of the normal supply for:

1. Life safety;
2. Care of the patient; and
3. Effective operation of the health care facility.



Vital branch circuit
power is restored within 10 seconds.

Delayed vital branch circuit
power is restored within 1 minute.

Conditional branch circuit
sustain the continued operation of some services that are not crucial to patients.

An emergency electrical power supply system shall be one or more generator sets in accordance with CSA Z32.

5. WIRING REQUIREMENTS

Special considerations - Essential System Load/Branch Classification

Area and/or function	Essential system loads			Essential system branches		
	LTG	Receptacle	Direct-wired equipment	Vital	Delayed Vital	Conditional
Life Safety						
Exit Signs and Emergency Lighting	All					
Fire Alarm System and Fire Pump			✓			
Smoke control and venting to aid firefighting			✓			
Fire fighter's elevator			✓			
General function service requirements						
Nurses station	Partial	Partial				
Public washrooms	Partial					
Medication Room Lighting		Partial				
Medication Room Refrigerators and Freezers		All				
Medical records storage	Partial					
Intensive Care Unit (ICU)						
Patient care areas	All	All	✓			
Ventilation only			✓			

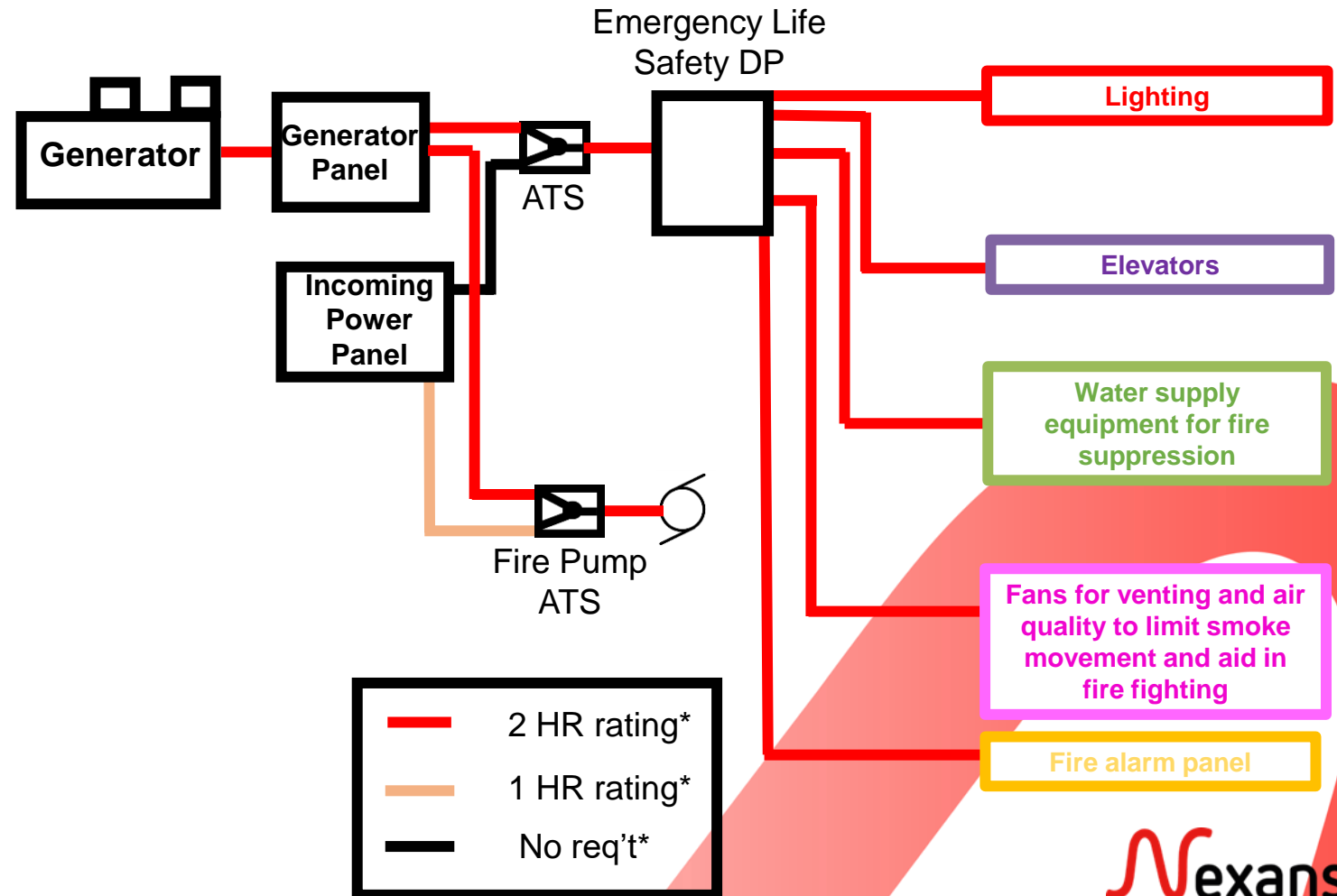
5. WIRING REQUIREMENTS

Special considerations – Lighting and Emergency Power Systems

Certain levels of protection* (circuit integrity) for electrical conductors are required for certain systems and can be achieved by:

1. Use of fire rated cables; or
2. Installing cables in a fire rated enclosure.

BASIC EMERGENCY POWER SLD



5. WIRING REQUIREMENTS

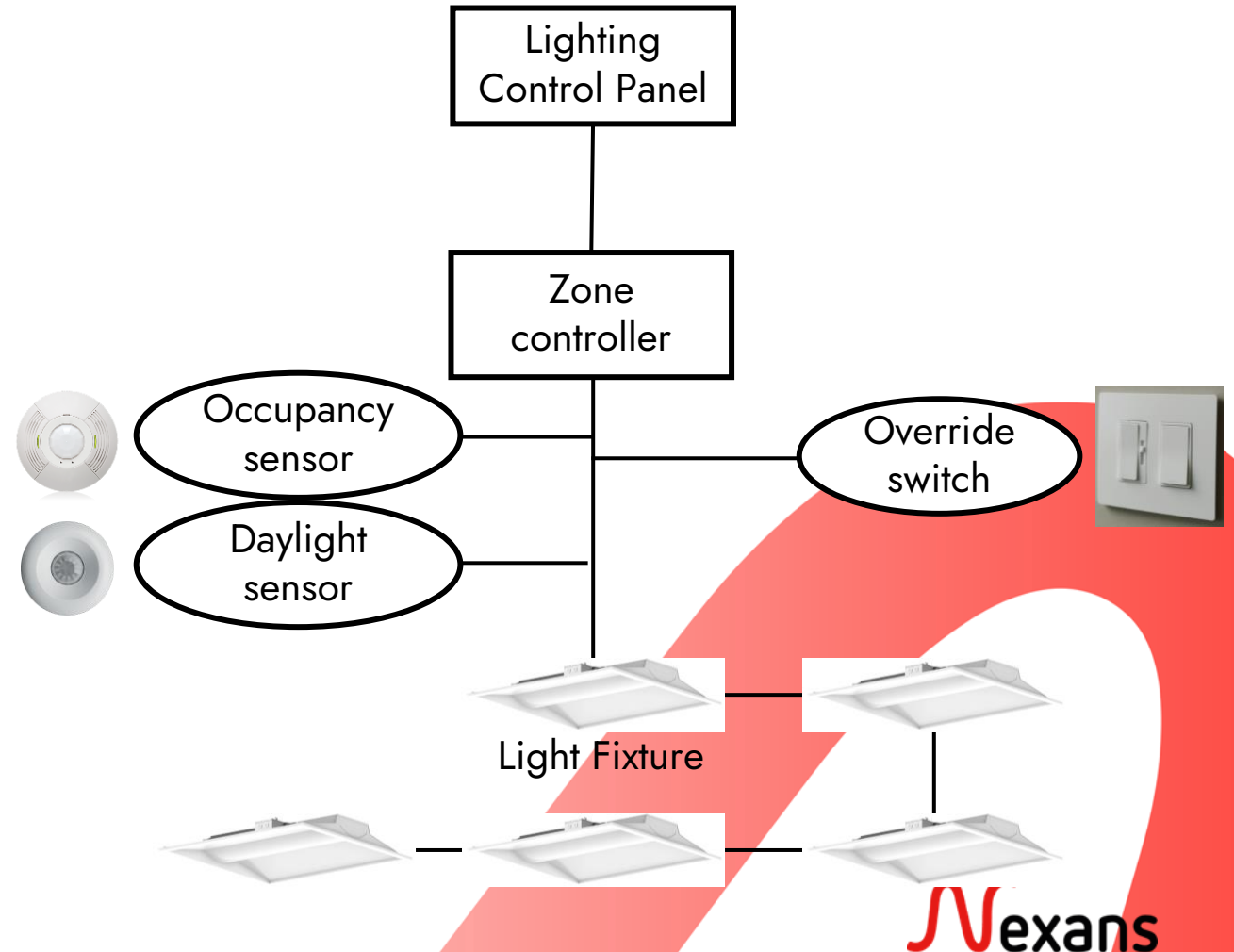
Special considerations – Lighting systems

Many hospitals employ lighting control systems to allow for

1. flexibility,
2. energy-efficiency; and
3. customization

Lighting control systems are typically wired using communication cables for network connectivity, low voltage wiring (< 600 V) and/or extra low voltage wiring (0 – 10V).

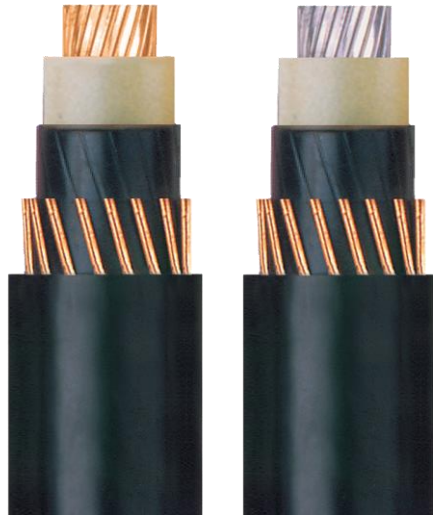
BASIC LIGHTING CONTROL SCHEMATIC



6. WIRING PRODUCTS FROM NEXANS

INCOMING SERVICE

Medium voltage power supply from a supply authority to a consumer's service



MV CONCENTRIC NEUTRAL
(5-46 kV)

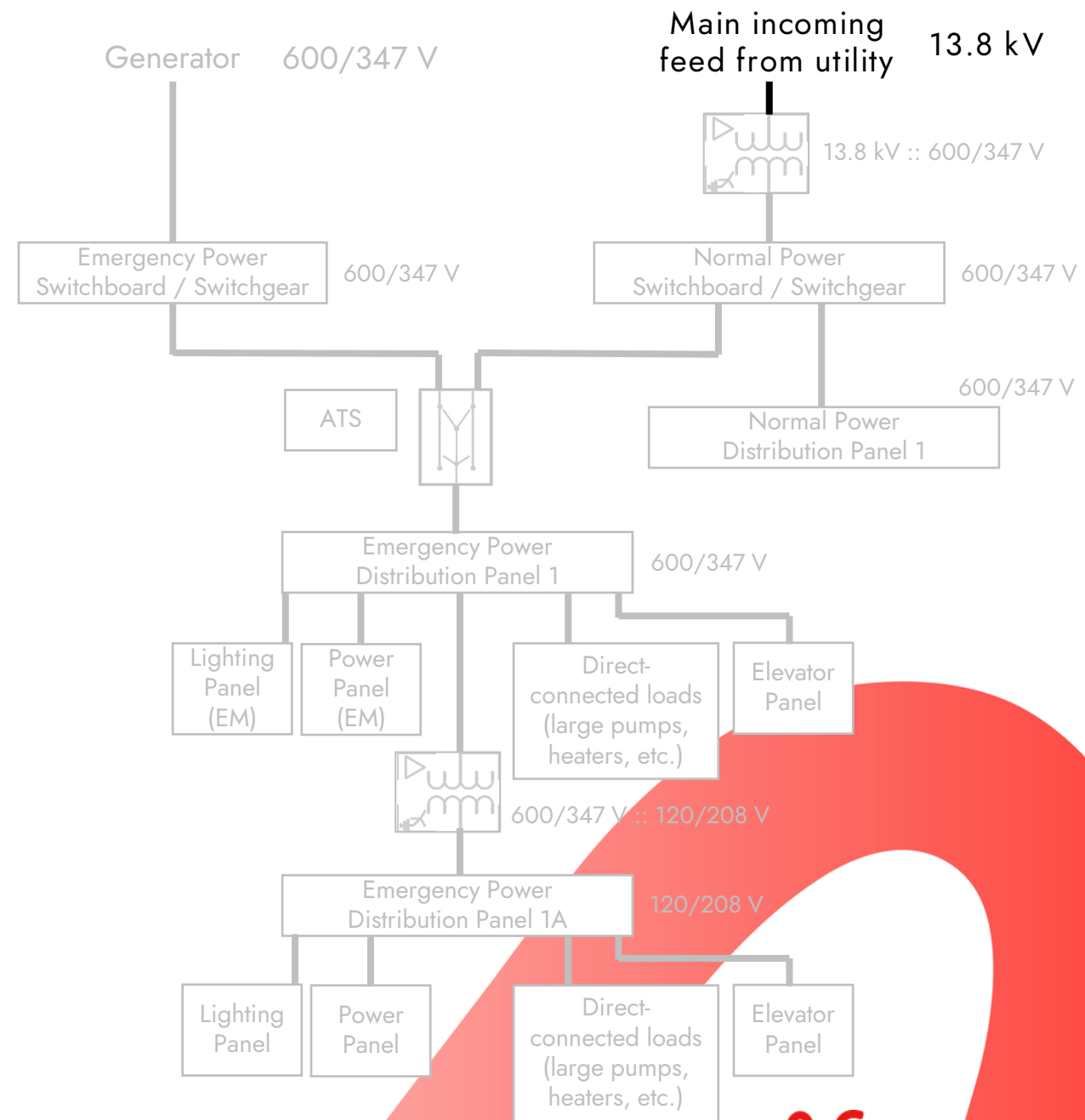
Exposed
Concealed
Raceway
Direct burial



MV ARMoured
(5-15 kV)

Exposed
Concealed
Raceway
Cable tray
Direct burial

Method of installation



6. WIRING PRODUCTS FROM NEXANS

LOW VOLTAGE FEEDERS (< 1 kV)

Any portion of an electrical circuit between the service box or other source of supply and the branch circuit overcurrent devices.



RW90

TECK90

ACWU90

VFD Cable

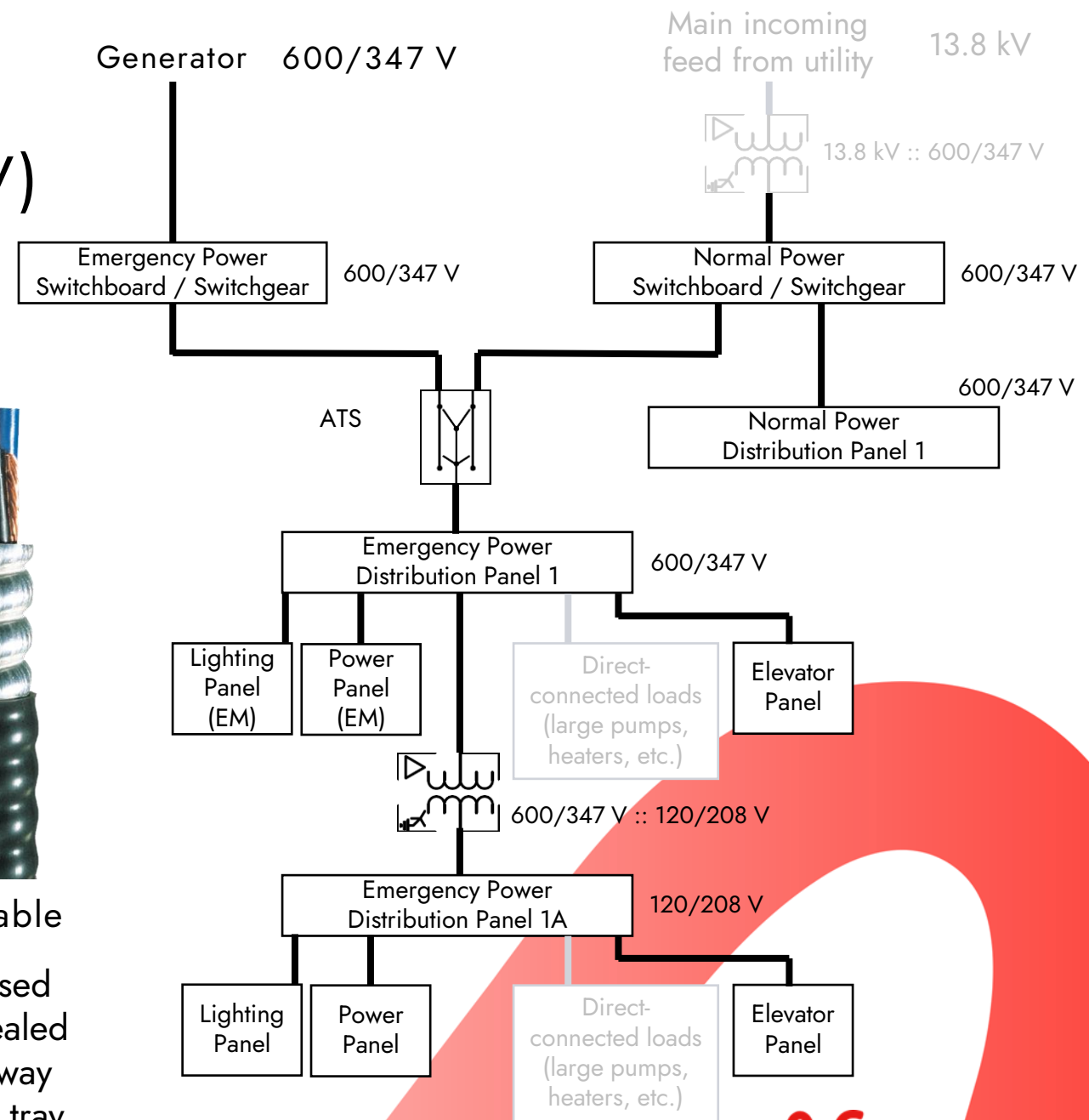
Method of installation

Raceway

Exposed
Concealed
Raceway
Cable tray
Direct burial

Exposed
Concealed
Raceway
Cable tray
Direct burial

Exposed
Concealed
Raceway
Cable tray
Direct burial



6. WIRING PRODUCTS FROM NEXANS

BRANCH CIRCUITS

The portion of the wiring installation between the final overcurrent device protecting the circuit and the outlet(s).



RW90

Method of installation

Raceway



AC90

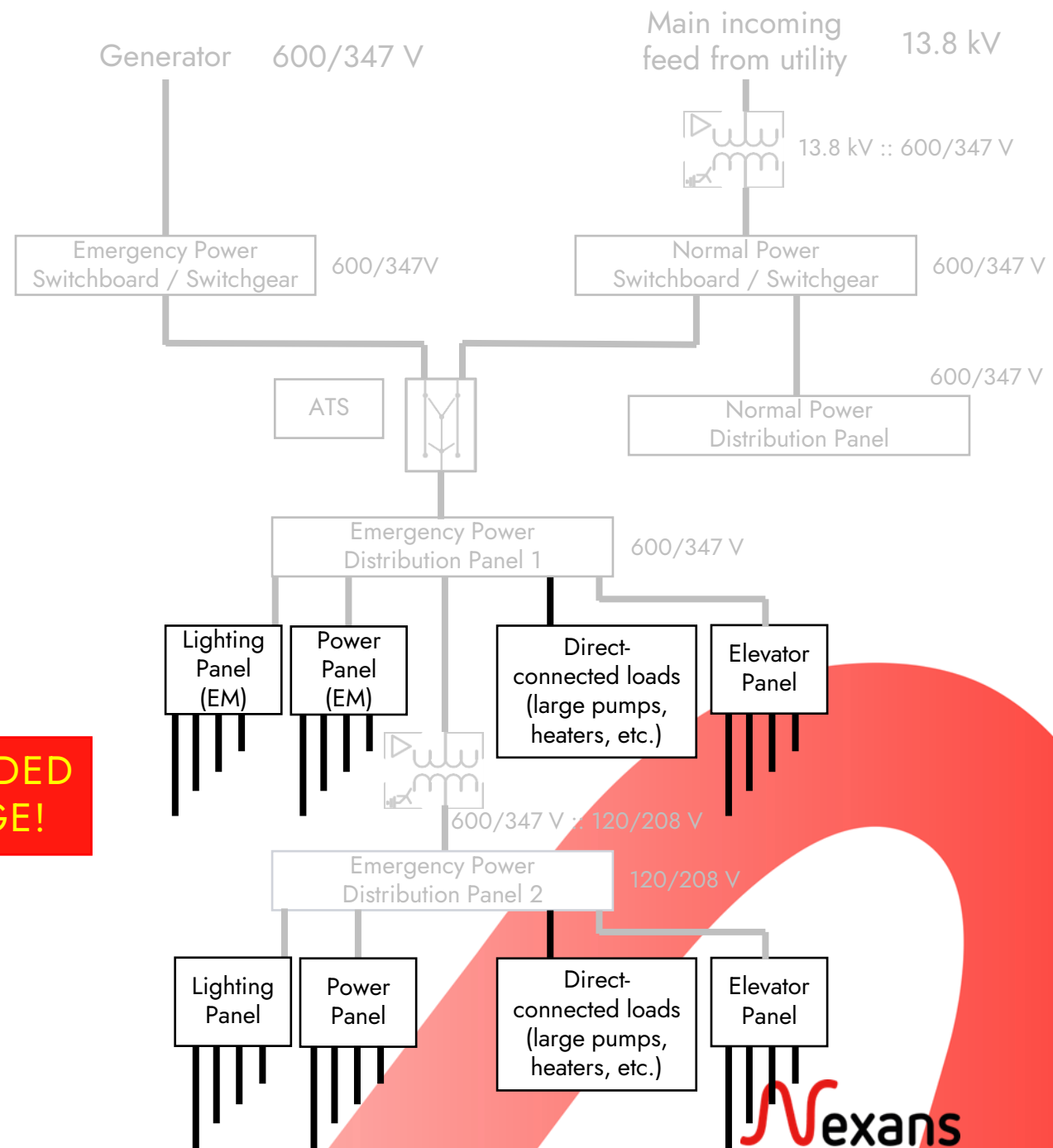
90C Dry/Wet
Exposed
Concealed
Cable tray
Plenum



AC90 ISO-BX

90C Dry/Wet
Exposed
Concealed
Cable tray
Plenum

EXTENDED RANGE!



6. WIRING PRODUCTS FROM NEXANS

CONTROL AND INSTRUMENTATION

BENEFITS

A cost-effective alternative to wire in conduit.

Can be used when conductors are connected to different sources of voltages and are functionally associated.

LED lighting control and 0-10V dimming.

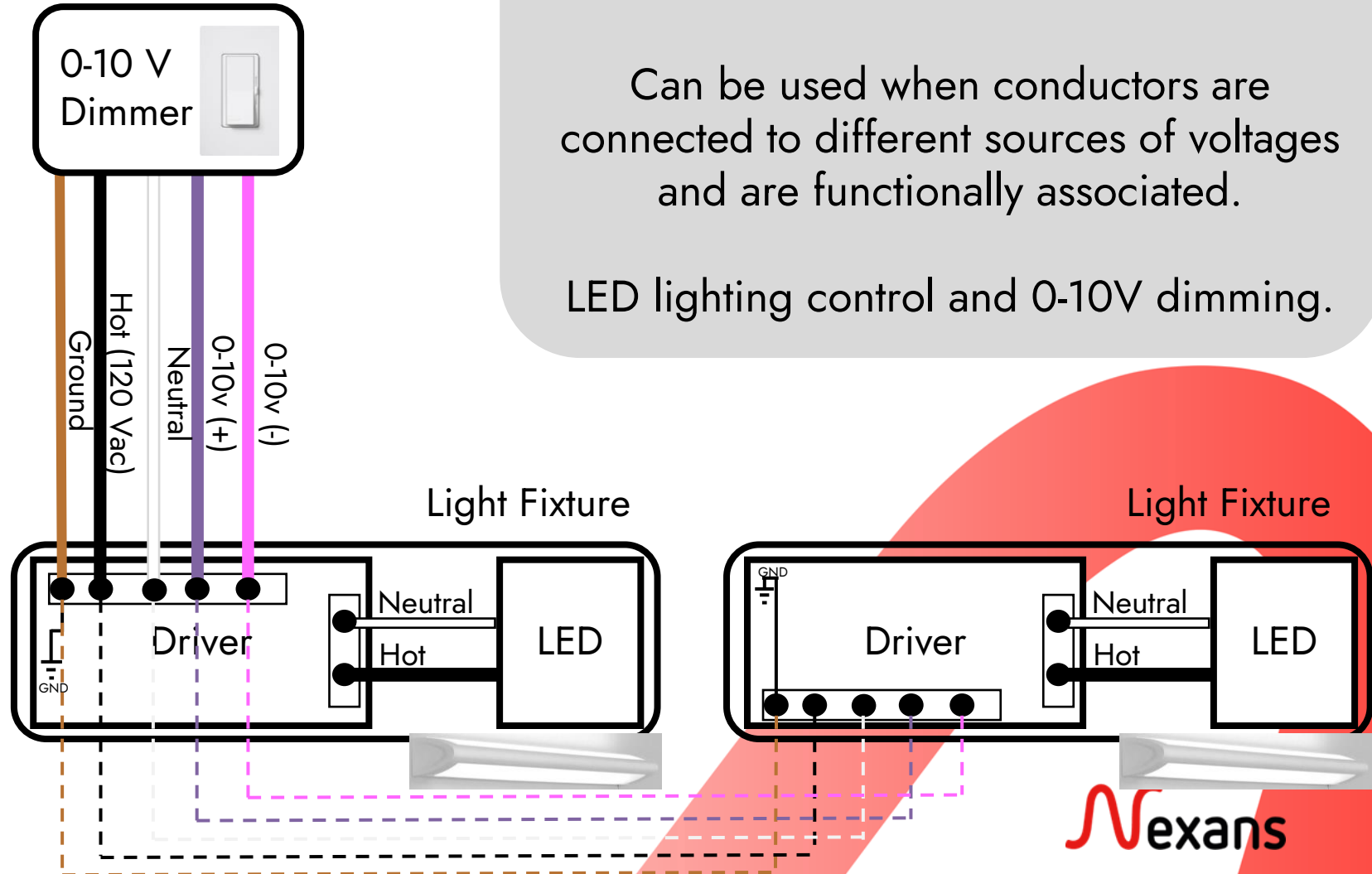
NEW!



ACIC-PCS

90C Dry/ 75C Wet
Exposed
Concealed
Cable tray

Method of installation



7. HOW CAN NEXANS HELP?

ENGINEERING SUPPORT



Reducing your project's carbon footprint



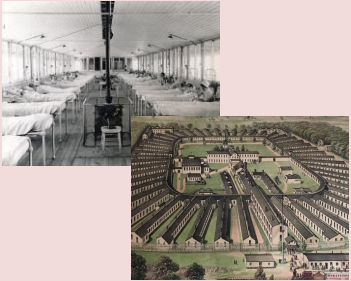
Cable selection and installation support



Cable size and type optimization

TAKEAWAYS

Hospital designs have come a long way and continue to evolve.



Understanding the various areas in a hospital and their requirements allows safe, efficient, and compliant electrical designs.



Nexans has a wide range of products to suit your hospital designs.



Nexans environmental product declarations can help in efforts to obtain LEED credits.



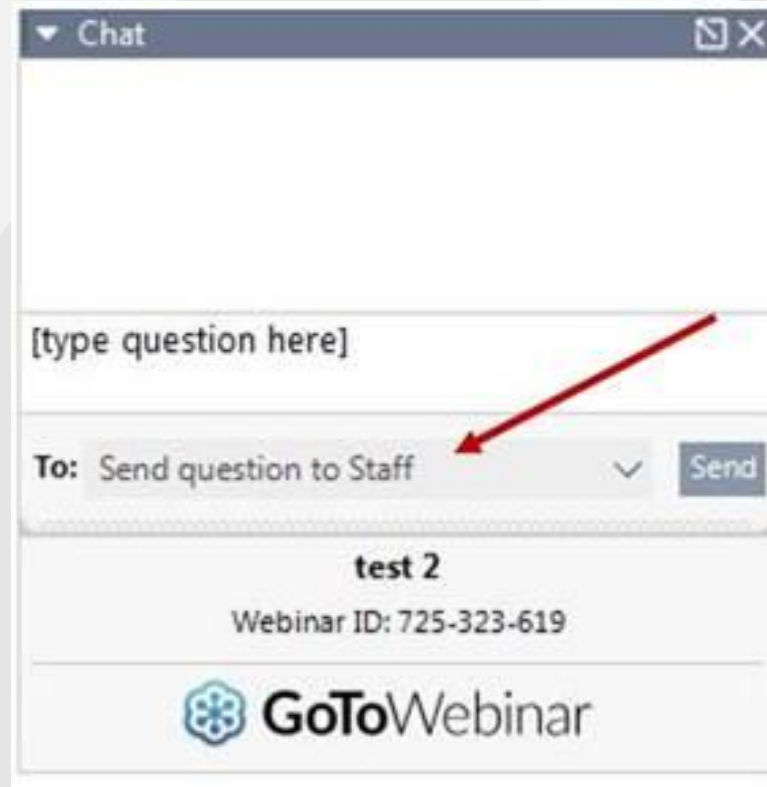
Nexans now sells ACIC-PCS cable which is designed for lighting requiring 0-10V dimming and is a cost-effective alternative to wire in conduit.



Leverage Nexans' knowledge and expertise by reaching out to our engineering team.



Q&A



Contact us

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nexans.ca